

# Sensory Scavenger Hunt

Challenge yourself and tune into your senses. Explore the park or even your own neighborhood to search out the listed items below. Please stay on marked trails and take plenty of time to enjoy the experience of your surroundings.

## LOOK FOR:

- Berries on a branch
- Animal tracks/scat
- Cloud shapes
- Eagles soaring overhead
- A tree that still has it's leaves
- Puddles or ice
- Your breath
- Seed pods
- Signs of erosion
- Three different species of trees
- Tundra Swans
- A nest in the tree tops

## SMELL:

- An evergreen tree
- Tree bark
- Soil
- The fresh air
- Fallen leaves

## FEEL:

- Rough tree bark
- Something squishy
- Soil
- Water on your fingertips
- The crunch of fallen leaves
- The breeze or sun on your face

## LISTEN FOR:

- Eagles Chattering
- The wind rustling through the branches of the trees
- Water lapping on the riverside or babbling through a nearby streambed
- A woodpecker looking for lunch
- Animals scurrying along the forest floor
- Nature's Grand Silence